



**Keswick
Ministries**
HEARING BECOMING SERVING

Back to the Basics

Learning to Talk - Prayer

Anne Zaki: Seminar 1

HOW TO USE THIS RESOURCE

This seminar is the first in a series of four. You can watch the seminars on your own or with your church, small group, or friends. The questions/reflections below may help you discuss and work through how to apply what you've learnt to your own life. Start the video and then pause it when suggested to look at the question(s).

WATCH THE VIDEO:

[Seminar 1:
https://tinyurl.com/5ajvzbtu](https://tinyurl.com/5ajvzbtu)



To watch the video, scan the QR code or go to @KeswickConvention on YouTube and search for Anne Zaki

SEMINAR OUTLINE

Prayer is not bound to a certain place, time or technique, rather it is a gateway into experiencing fellowship with God. This seminar offers practical ideas to help us enjoy this relationship and give the best of ourselves to keep prayer a priority.

QUESTIONS

Watch the video and pause it at 18:02 minutes.

1. What ideas about prayer were you brought up with? How have they shaped your understanding of prayer?
2. How does the image of prayer as the water in a fish tank help you understand how spiritual disciplines work?
3. Look at Exodus 32:7-14, Psalm 42, and Acts 4:23-31. In what ways do these passages demonstrate the priority of prayer? What do they teach us about what and how to pray?

Restart video at 18:02 minutes (<https://tinyurl.com/mvpkjnab>) and watch until 38:59 minutes.

4. In what ways could you help each other persevere in prayer when it feels like hard work?
5. Share examples of backstage conversations you have had with God. What happened next?

Restart video at 38:59 minutes (<https://tinyurl.com/47jxmsaz>) and watch until the end.

6. What is the most encouraging/challenging thing you have learnt or been reminded of during this seminar?





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REFLECTION/PRAYER

- When are you most awake, how long can you concentrate for, do you enjoy routine or have a favoured position for prayer, do you like to pray outdoors or draw/create as you pray? Use the answers to these questions to work out how you can give your best to the priority of prayer.
- As people in the group share their prayer requests, write them down on sticky notes and put them on your own intercessory wall at home as a reminder to pray for each other this week.
- As a group start to keep a record of specific prayer requests, noting the date you started to pray. Use this tool as a reminder to keep on praying and also as a prompt to praise God for his faithfulness as you see him answering your prayers.
- Try one of Anne's prayer ideas for a week and then talk with a Christian friend about how you got on.

